



**Amy Jensen (Ms. Amy)**  
**School Counselor**

How can I help?



# INTERMEDIATE SCHOOL COUNSELOR:

## MEETING DEVELOPMENTAL NEEDS OF STUDENTS

### ☐ DIRECT STUDENT SERVICES

- S.E.L. CLASSROOM EDUCATION
- S.E.L. GROUP COUNSELING
- 1-ON-1 COUNSELING
- ASSESSMENTS

### ☐ INDIRECT STUDENT SERVICES

- CONSULTATION/COLLABORATION
- REFERRALS



# EARLY ADOLESCENCE - DEVELOPMENT

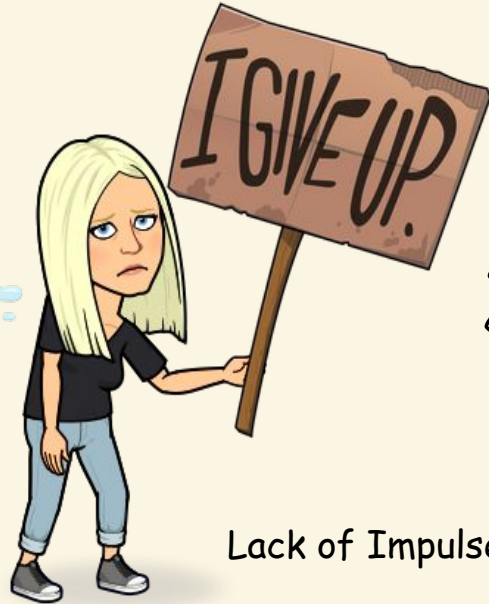
Why are you so mean?



Need for INDEPENDENCE!

Trouble Making Decisions

FEELS



Lack of Impulse Control



Self-Image Issues

Insecure

I'VE HAD IT UP TO HERE



# PARENT RESOURCES & CONTACTS

## REFERRAL TO COUNSELING

DIS WELLNESS CENTER code# ds2a12a

SOCIAL EMOTIONAL HUB (classroom)

ONLINE RESOURCES (Covid and Distant Learning)

<https://www.common sense media.org> (online & social media safety)

<https://walkinourshoes.org> (mental health and wellness)

SURVIVING EARLY ADOLESCENCE

SELF-CARE SURVIVAL GUIDE

**WE GOT THIS!**





# Amy Jensen School Counselor

530-413-9109 (text, call, video)

[ajensen@bcoe.org](mailto:ajensen@bcoe.org)

